

Indoor Activities for Kids- Ideas for Quality Time

- Decorate your table for a “special” meal together (make a place setting tags, placemats, thank you treats & use special dishes).
- Make up your own “special” occasion or holiday (design your own name for your day & ideas to make the day your very own)
- Have a random “crank up” the music, sing & dance party!
- Family board game or cards night (kid’s choice).
- Video chat with someone who may need a friendly smile.
- Pick a simple project to create together & learn “how to” online, from a book or magazine.
- Tell your kid(s) several ways they are AMAZING & watch them beam!
- Write a story & have your child design the illustrations (or vice versa).
- Schedule a date to share a favorite beverage together.
- Play a game of “would you rather” or 20 questions.
- Give your Kiddo a foot rub, foot soak, or back rub.
- Have an indoor picnic on a blanket (invite your child’s favorite stuffed animals)
- Plan an at “home movie” night (kid’s choice) with popcorn & cuddles.
- Card game sampler time “pick 3 different card games to try” (ex. Rummy, Uno, Go Fish, Memory, Crazy 8’s)
- Have them pick out a new recipe & make it together.
- Do stretches together (or try light exercises).
- Take selfies together while cooking, taking a walk, or cleaning the house (tell them @ bedtime that it was your favorite moment of your day).
- Make paper airplanes & fly them together.
- Read a chapter book together.
- Write “**positive praises**” sticky notes all over their door or room.
- Living room sleepover “camp out” with flashlights & stuffed animals.
- Make a video of interviewing your kiddo (pick a question or topic).
- Sing a song together or make one up.
- Cuddle! Cuddle! and Cuddle!
- Learn new things about the “weather” (about seasons, weather terms, or conditions)

Which Activities will be their Favorite?

- Make a special meal for them (add heart shapes), serve on a tray & eat in your living room.
- Hold them as they fall asleep.
- Make a card together (or create a picture) for someone special & send it out in the mail.
- Have them help make a menu & grocery list
- Make a seasonal or special event scrapbook together
- Indoor water play in a sink, tub, or bowl
- Make a date for an early “special” breakfast together.
- Make a table display or art project with items collected from nature (talk about the textures, colors, scents) -acorns, flowers, leaves, twigs, pinecones, snow, etc
- Learn a word or two (how to spell, use in sentence & definition)
- Look on the map & pick a place to learn about (watch videos, read or visit)
- Play a game from the past “non-electronic” (Cats in the cradle, Chinese jump rope, Hopscotch, Marbles, Jacks, Dominoes, etc.)
- Build Legos or blocks together
- Make bookmarks for your favorite books
- Race Hot Wheels (make your own track or ramps)
- Plant seeds, plants, or herb garden indoors
- Play “I Spy with my Little Eyes” game
- Style each other’s hair
- Put together a puzzle together (try a large one you can work on all week long)
- Create an indoor scavenger hunt or hide the button game
- Play a few paper games “great for travel” (tic tac toe, dots & boxes, Pictionary, word search, hangman, maze, etc)
- See how many “tongue twisters” you can come up with (**Say Can You Say? Book**)
- Find an old cartoon to watch or comic book to read
- Bird watching (make and set up a bird feeder, or take a walk in a park or nature trail)
- Make a treat together for someone special and deliver it
- Serve others together! Make a donation or make plans to volunteer and help others!

